

## THE HULL & EAST RIDING KARATE ACADEMY Certificate of Achievement 2012 Sporting Excellence in Karate National Level

## **Jade Baynes**

This is to certify that Jade Baynes has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. Jade competed at National Championships throughout England in 2012 winning the medals and titles listed below:-

Championship Success - 1 Gold 1 Silver 2 Bronze

**Shindo Kai Junior Championships** - 25<sup>th</sup> March, Barnsley Bronze - Individual Kata

**East Yorkshire Open Championships** - 21<sup>st</sup> October, Hull Silver - Team Kumite

**Shindo Kai National Championships** - 15<sup>th</sup> November, Barnsley Gold - Individual Kata Bronze - Pairs Kata

Congratulations on your sporting achievements throughout 2012. Well done Jade.

Sensei Wayne Clarke 3<sup>rd</sup> Dan

Head Coach - The Hull & East Riding Karate Academy







